



October 25, 2020

Dear EMS ISD families and staff,

We hope you have enjoyed a nice weekend. In addition to our weekly reminder to self-screen for COVID-19 symptoms, we also want to remind you that now is a good time to also consider a flu shot as an additional protection for the health of your family. Flu vaccines are offered at retailers around the community or through your health care providers.

As you and your child prepare for school this week, please remember that all students, staff, and visitors are required to self-screen for COVID-19 symptoms **each day** before coming to a campus or district facility. Please take temperatures and make sure no one in your household is experiencing any symptoms.

It is important to recognize that one lab-confirmed case on a campus could impact dozens of other students and staff members as close contacts, who must then remain home for a 14-day quarantine period per state requirements. This is why it is **imperative** that students **not come to school** if they have symptoms. Large numbers of close contacts on a campus could postpone or cancel extracurricular activities or, ultimately, impact a school's ability to continue offering in-person learning.

If you or your child is experiencing any of the scenarios listed below, **please stay home from school, activities, practices, rehearsals, etc.**, and contact your school nurse for next steps.

- **Experiencing any symptoms of COVID-19**
 - Feeling feverish or have a measured temperature of 100 degrees Fahrenheit or higher
 - Loss of taste or smell
 - Cough
 - Difficulty breathing
 - Shortness of breath
 - Headache
 - Chills, shaking, or exaggerated shivering
 - Sore throat
 - Congestion or runny nose
 - Significant muscle pain or ache
 - Nausea, vomiting, or diarrhea
- **Has had direct exposure to someone who has tested positive for COVID-19 (also known as "close contact")**
- **Has been tested for COVID-19 and is awaiting test results**
- **Has received a lab-confirmed positive test result for COVID-19**

Together, we can all help our schools and facilities to remain open and our activities to continue by proactively self-screening each day and following all health safety protocols while on campus. Please visit the [EMS ISD COVID-19 Information Center](#) for information about district and campus health safety protocols, screenings, notifications, and operations in a COVID-19 environment.

Thank you for your continued partnership and cooperation. Have a healthy week in EMS ISD!

Sincerely,

EMS ISD Health Services